

FREE YOUTH LEARN TO PADDLE JUNE 18 @ 11am



REGISTER TODAY!
50 seats available
www.wildlandsleague.org/ptr2016

one hour lesson
on canoe or kayak
for Youth age 5-18
Perfect for beginners!
1:4 instructor ratio
All gear provided

Youth will receive:
drinks and snacks onsite
gift bag of souvenirs
commemorative photo
a new life long skill and
connection with nature in
their back yard!

Rouge Beach Park, 195 Rouge Hills Drive, Toronto
2016 additions = fun for the whole family!

Voyageur Canoe, Fiddle and Jig demonstrations, Storytelling, Touch and Feel exhibits
thank to the Toronto and York Métis Council.

Vendors area, food, music and more! Plan to spend the day at the beach with us!



NO SPECIAL EQUIPMENT NEEDED! Pack a bathing suit or shorts & towel! Sunscreen, water and hat provided!

WHAT TO EXPECT

- Arrive around 10:15am with a parent or guardian around 10:15 am.
- Take time to use washrooms and change if necessary.
- Youth proceed to Registration Desk to check in.
- With parents/guardians, sign waivers before kids are ushered through the event. Parents can watch or enjoy the park!
- Youth will be paired with their instructor in a small group of 2-4 paddling partners.
- Water instruction will be done at a ratio of not more than 4 youth per instructor.
- Next, you'll get your life jackets and paddles and prepare for dry-land instruction in the parking lot. Youth will learn boat and water safety, paddling strokes, about nature in Rouge Park and more.
- Learn to Paddle launches from an access point off the parking lot.
- We will try as best as possible to seat your youth in their preferred boat (canoe or kayak), subject to availability.
- Younger participants will be paired with an instructor in the same boat, for added peace of mind for parents.
- Once the youth are comfortable in the boat and after some paddling in the pond, they will be led up the Junior Explorer channel for a short boat tour of the area.
- Youth will return from the paddle landing in the beach area, where the launches for Paddle the Rouge take place.
- We will gather everyone for a commemorative group photo before distributing our goody bags to all of the participants, with thanks from our sponsors.
- **PARENTS, PLEASE MEET US ON THE BEACH AT 12:15PM to pick up your child and explore the park.**
- Families are welcome to stay and take part in the many activities happening in the park throughout the day, including participating as a family in the 1pm launch of Paddle the Rouge! Why not sign up the whole family to paddle and make it a fun day on the Rouge?

- **FREE PARKING**
- **ACCESSIBLE BY TRANSIT:**
TTC: 54 Lawrence E
DRT: via 110 to Rouge Hill Station
GO transit: Rouge Hill Station
- **SHUTTLES** will operate from GO station - parking lots & beach

PHOTO TIP: The boardwalk will be a great place to snap shots during the beginning of the water lessons in the pond. Great Blue Heron and other wildlife are often spotted during this excursion, but if you send your youth with a camera make sure it's put it in a waterproof pouch!

QUESTIONS? Contact Jennifer, Paddle the Rouge Coordinator and Executive Assistant, CPAWS Wildlands League 416-971-9453 x46 / jennifer@wildlandsleague.org